

# Considerations when analysing PFAS containing samples

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# Agenda

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01

- Introduction to PFAS

02

- Contamination issues with PFAS

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- Use of delay columns

04

- Sample preparation techniques for environmental analysis

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- Conclusions

06

# Introduction to PFAS

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- Per- and polyfluoroalkyl substances are a group of synthetic organofluorine chemical compounds that have multiple fluorine atoms attached to an alkyl chain
- Often referred to as forever chemicals due to their longevity in the environment, they have also been found in a wide range of marine life
- US EPA toxicity database, DSSTox, lists 14,735 unique PFAS chemical compounds,<sup>[7]</sup> while PubChem lists approximately 6 million
- Many PFASs were used for their enhanced water-resistant properties
- Residues have been detected in humans and wildlife, prompting concern about impacts to health.<sup>[9][10][11]</sup> According to the National Academies of Sciences, Engineering, and Medicine
- PFAS exposure is linked to increased risk of dyslipidemia (abnormally high cholesterol), suboptimal antibody response, reduced infant and fetal growth, and higher rates of kidney cancer.<sup>[12]</sup>

# Challenges to developing PFAS workflow

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- PFAS are ubiquitous within the laboratory environment
  - Very challenging to prevent environmental contamination
  - Use of delay columns reduces potential interferences derived from analytical system
- Compounds are thought to be highly toxic and so detection limits are very low
  - Typically 1 ng/L
  - Often requires pre-concentration using SPE, e.g. factor of 250x according to EPA 537.1
  - Low detection limits require LC-MS/MS
- Some PFAS compounds will adsorb to plastic and glass surfaces, reducing recovery
  - PFAS compounds can also stick to Aluminium
- Toxicity concerns mean that extra handling precautions should be taken
  - This can be a source of possible contamination

# List of EPA 537.1 compounds and MRLs

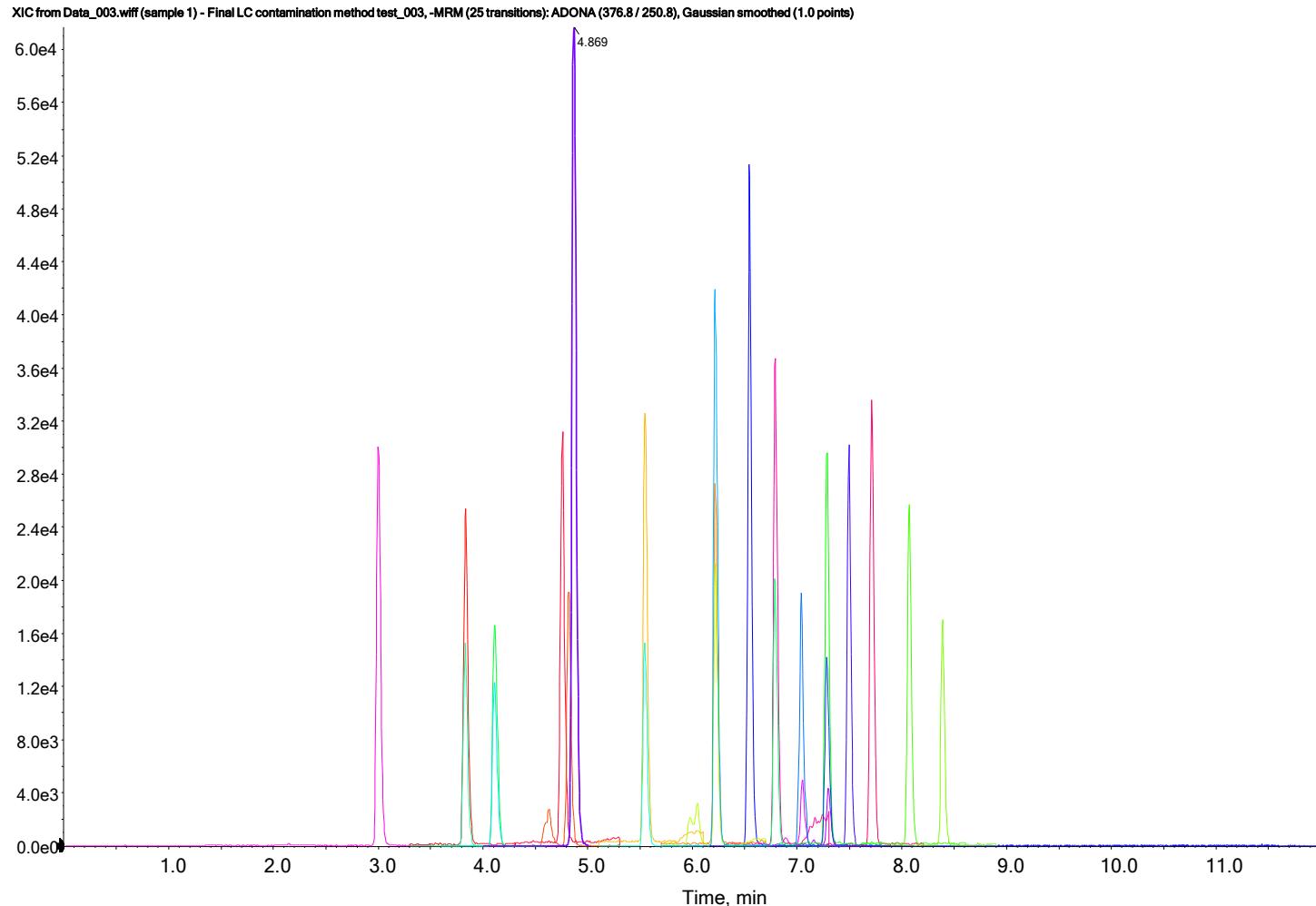
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**TABLE 5. DLs AND LCMRLs IN REAGENT WATER**

Analyte	Fortified Conc. (ng/L) <sup>a</sup>	DL <sup>b</sup> (ng/L)	LCMRL <sup>c</sup> (ng/L)
PFBS	4.0	1.8	6.3
PFHxA	4.0	1.0	1.7
HFPO-DA	4.0	1.9	4.3
PFHpA	4.0	0.71	0.63
PFHxS	4.0	1.4	2.4
ADONA	4.0	0.88	0.55
PFOA	4.0	0.53	0.82
PFOS	4.0	1.1	2.7
PFNA	4.0	0.70	0.83
9Cl-PF3ONS	4.0	1.4	1.8
PFDA	4.0	1.6	3.3
NMeFOSAA	4.0	2.4	4.3
PFUnA	4.0	1.6	5.2
NEtFOSAA	4.0	2.8	4.8
11CL-PF3OUDs	4.0	1.5	1.5
PFDoA	4.0	1.2	1.3
PFTrDA	4.0	0.72	0.53
PFTA	4.0	1.1	1.2

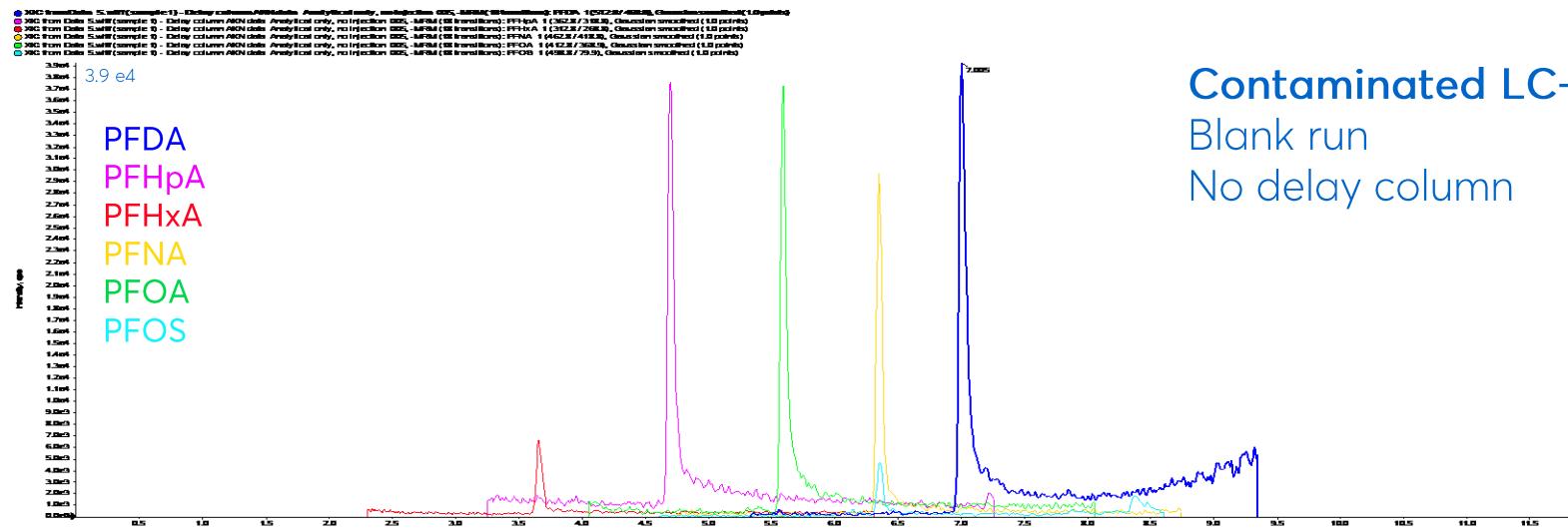
# PFAS Method: contamination testing

- EPA 537.1 method
- This method is used for contamination testing

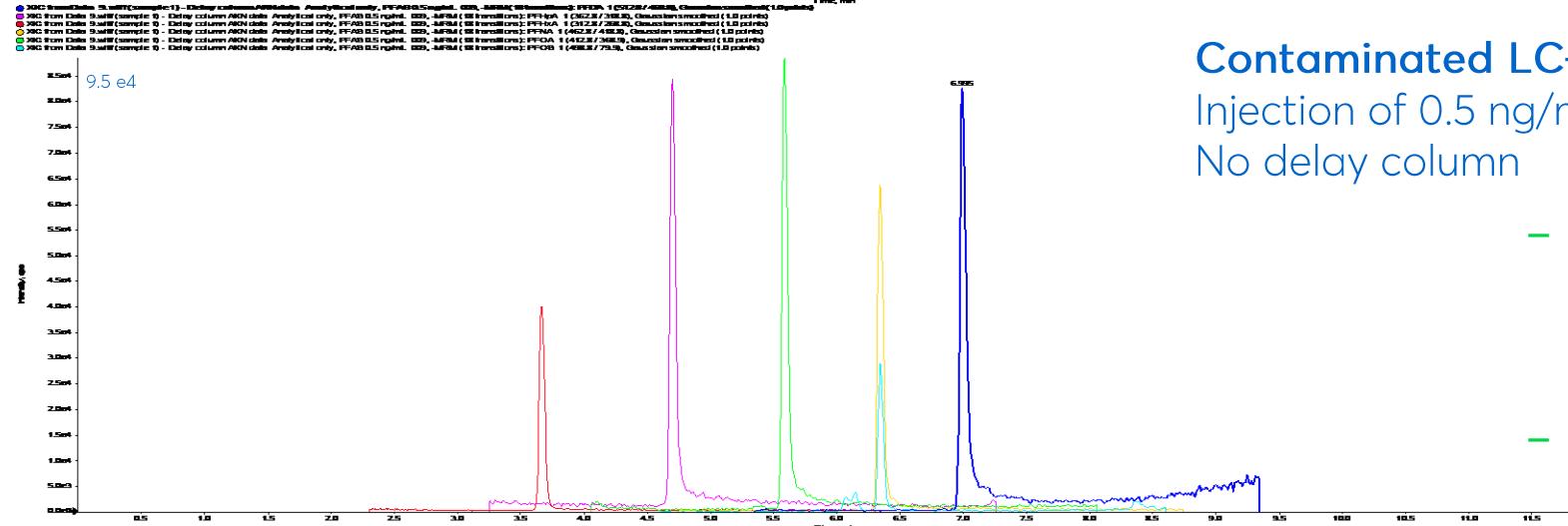


Column:	Avantor® ACE® UltraCore SuperC18, 2.5 µm, 100 x 2.1 mm														
Delay column:	Avantor® ACE® PFAS Delay Column, 50 x 2.1 mm														
Mobile Phases:	A: 20 mM ammonium acetate B: MeOH														
	<table border="1"><thead><tr><th>Time (mins)</th><th>% B</th></tr></thead><tbody><tr><td>0</td><td>5</td></tr><tr><td>0.1</td><td>40</td></tr><tr><td>8.5</td><td>95</td></tr><tr><td>10.5</td><td>95</td></tr><tr><td>10.6</td><td>5</td></tr><tr><td>13.2</td><td>5</td></tr></tbody></table>	Time (mins)	% B	0	5	0.1	40	8.5	95	10.5	95	10.6	5	13.2	5
Time (mins)	% B														
0	5														
0.1	40														
8.5	95														
10.5	95														
10.6	5														
13.2	5														
Flow Rate:	0.4 mL/min														
Temperature:	40 °C														
Detection:	Sciex QTRAP® 6500+ LC-MS/MS														
	Ionisation mode: ESI, negative mode; Source temperature: 450 °C; Curtain gas: 30 psig; Ionspray™ source voltage: -4500 V														
Sample:	EPA 537.1 mix (18 analytes), 3 internal standards and 4 surrogates														

# PFAS Method: Delay column use



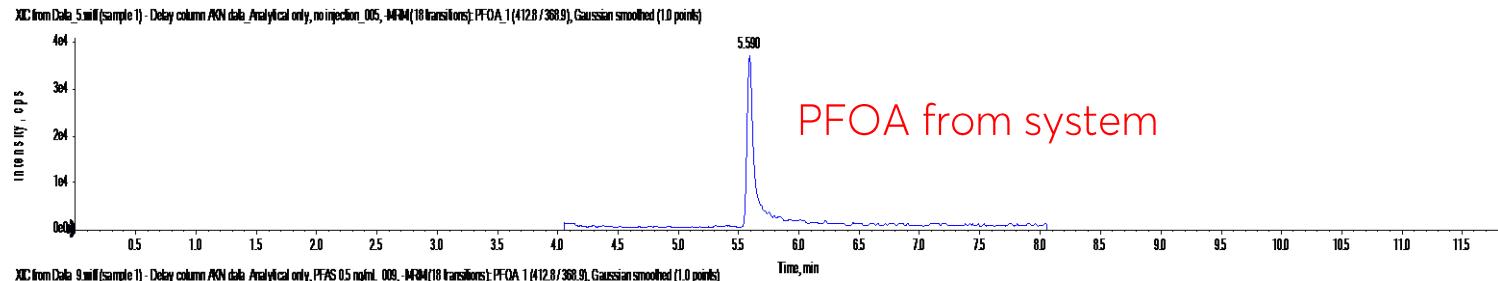
Contaminated LC-MS system  
Blank run  
No delay column



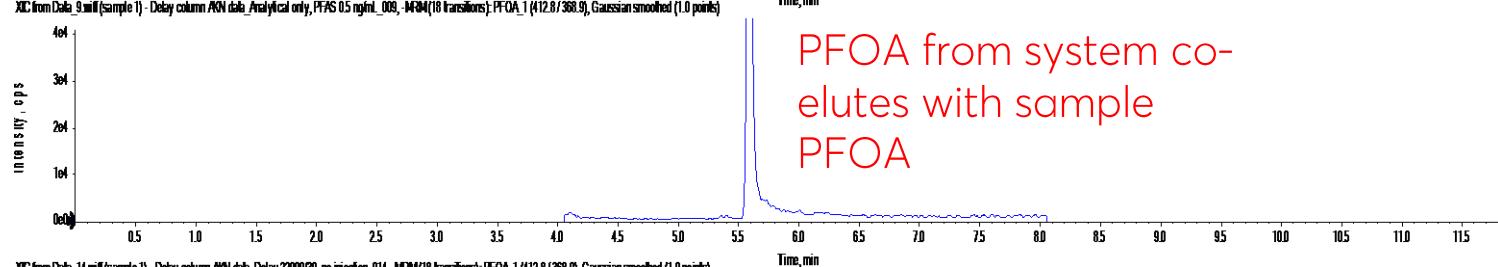
Contaminated LC-MS system  
Injection of 0.5 ng/mL PFAS standards  
No delay column

- Sample PFAS coelute with system background PFAS that accumulate on-column during post gradient re-equilibration
- Results in inaccurate quantitation

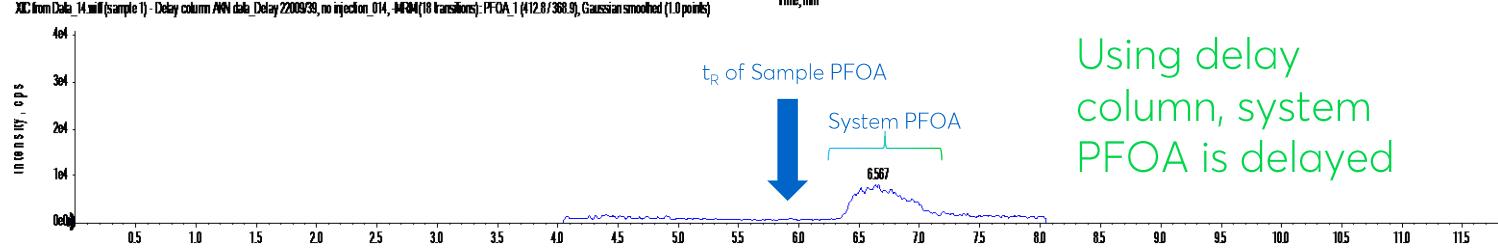
# PFAS Method: Delay column use - PFOA



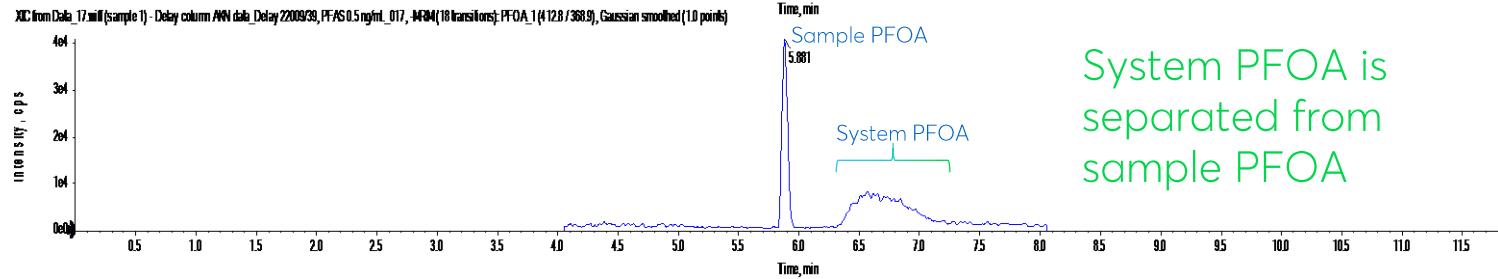
**Contaminated LC-MS system**  
Blank run  
No delay column



**Contaminated LC-MS system**  
Injection of 0.5 ng/mL PFAS standards  
No delay column

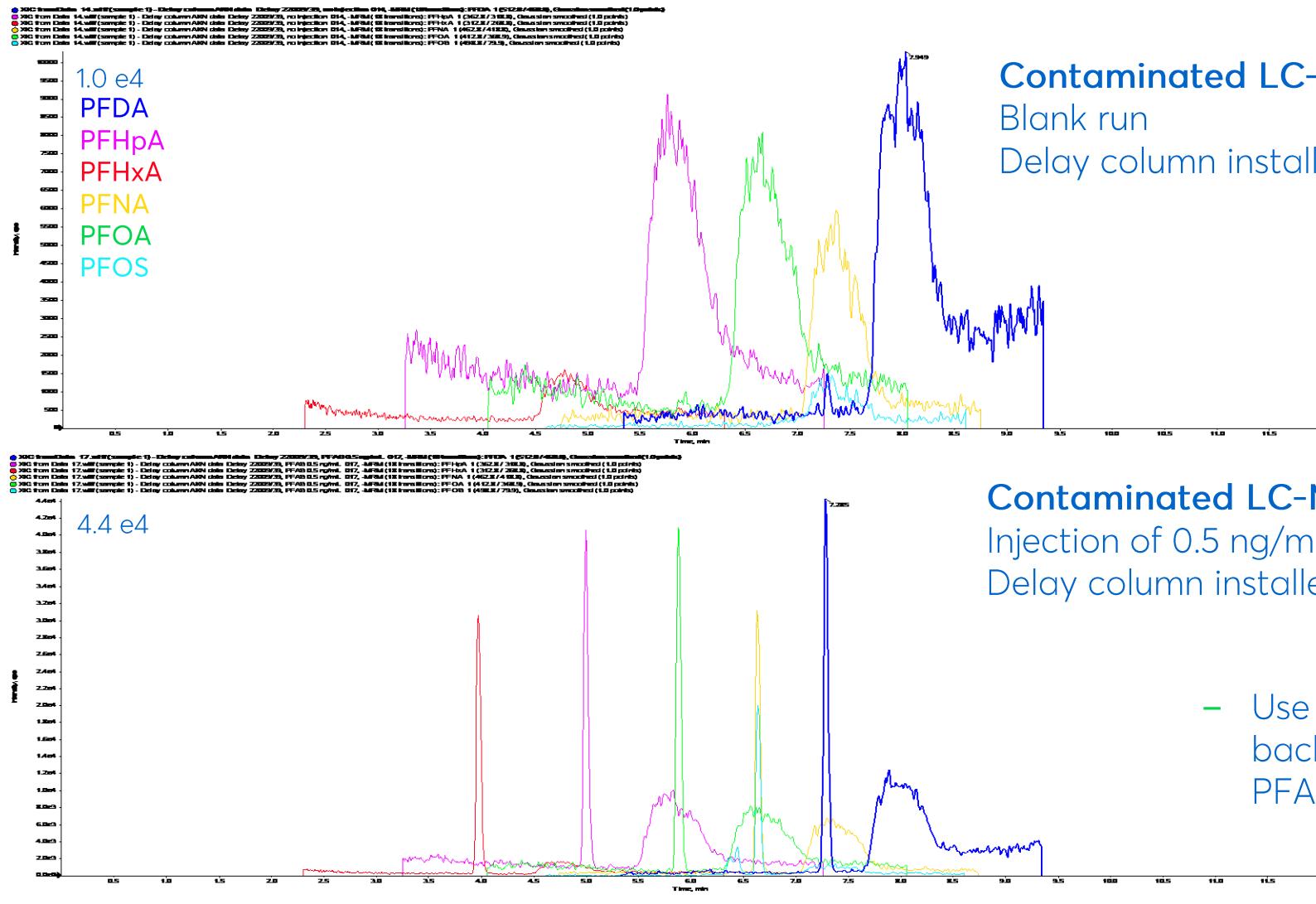


**Contaminated LC-MS system**  
Blank run  
Delay column installed



**Contaminated LC-MS system**  
Injection of 0.5 ng/mL PFAS standards  
Delay column installed

# PFAS Method: Delay column use



Contaminated LC-MS system  
Blank run  
Delay column installed

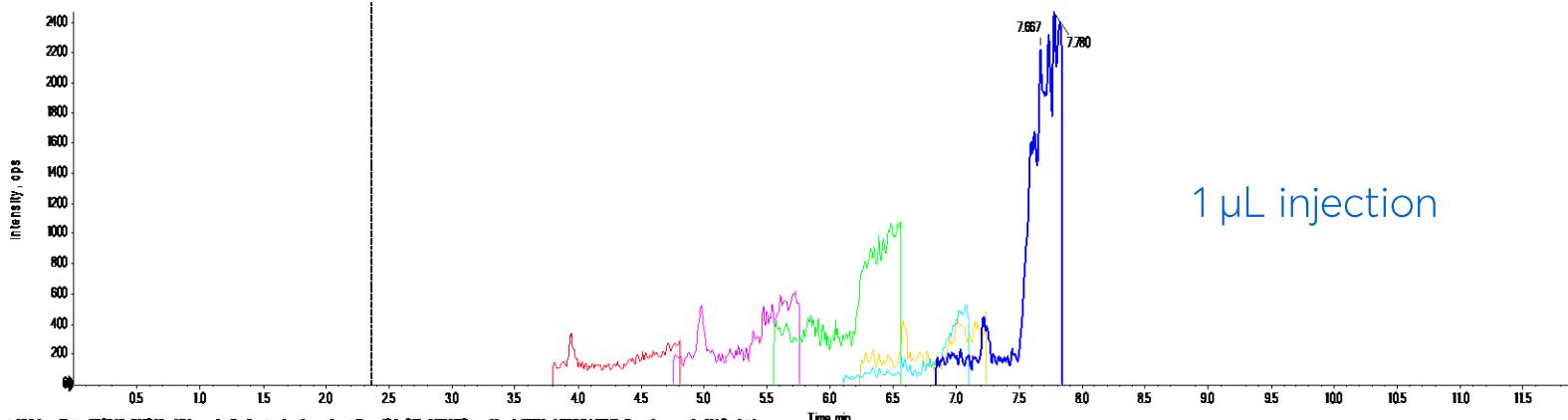
Contaminated LC-MS system  
Injection of 0.5 ng/mL PFAS standards  
Delay column installed

- Use of a delay column retains system background PFAS until after sample PFAS have eluted

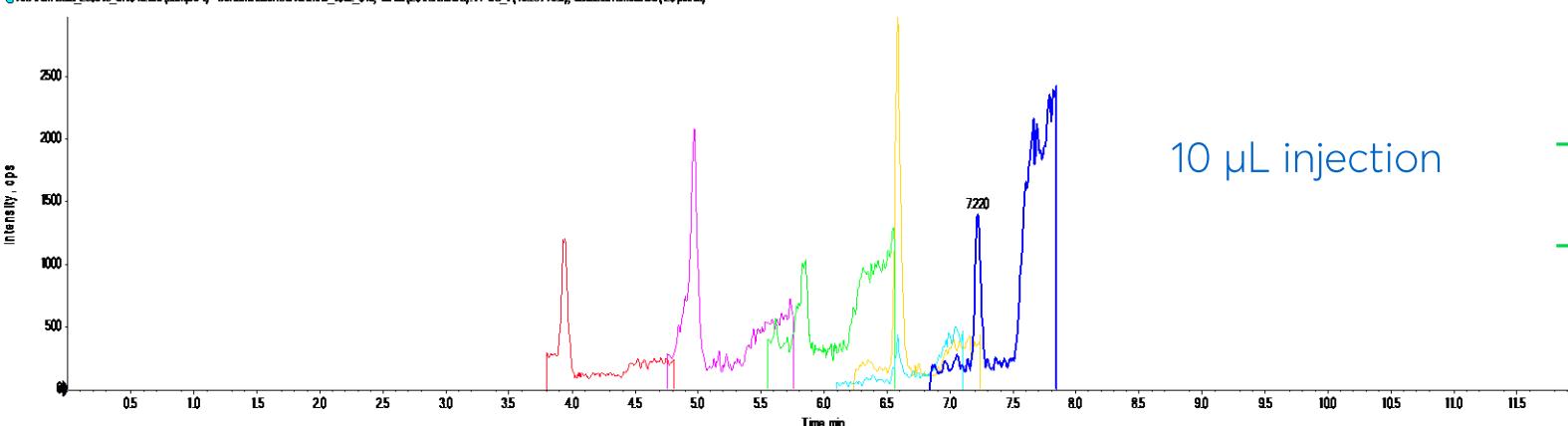
# Tracking system contamination: solvent tubing

3.0 cm of solvent tubing extracted into 1.5 mL MeOH

• XC from Data 230913\_CNO48.wif (sample 1) - Contaminations solvent line\_048\_MRM(20 transitions); PFNA\_1(572.8/488), Gaussian smoothed (1.0 points)  
• XC from Data 230913\_CNO48.wif (sample 1) - Contaminations solvent line\_048\_MRM(20 transitions); PFHA\_1(62.8/318.8), Gaussian smoothed (1.0 points)  
• XC from Data 230913\_CNO48.wif (sample 1) - Contaminations solvent line\_048\_MRM(20 transitions); PFNA\_1(312.8/288.8), Gaussian smoothed (1.0 points)  
• XC from Data 230913\_CNO48.wif (sample 1) - Contaminations solvent line\_048\_MRM(20 transitions); PFNA\_1(462.8/418.8), Gaussian smoothed (1.0 points)  
• XC from Data 230913\_CNO48.wif (sample 1) - Contaminations solvent line\_048\_MRM(20 transitions); POA\_1(412.8/388.9), Gaussian smoothed (1.0 points)  
• XC from Data 230913\_CNO48.wif (sample 1) - Contaminations solvent line\_048\_MRM(20 transitions); PFOS\_1(498.8/79.9), Gaussian smoothed (1.0 points)

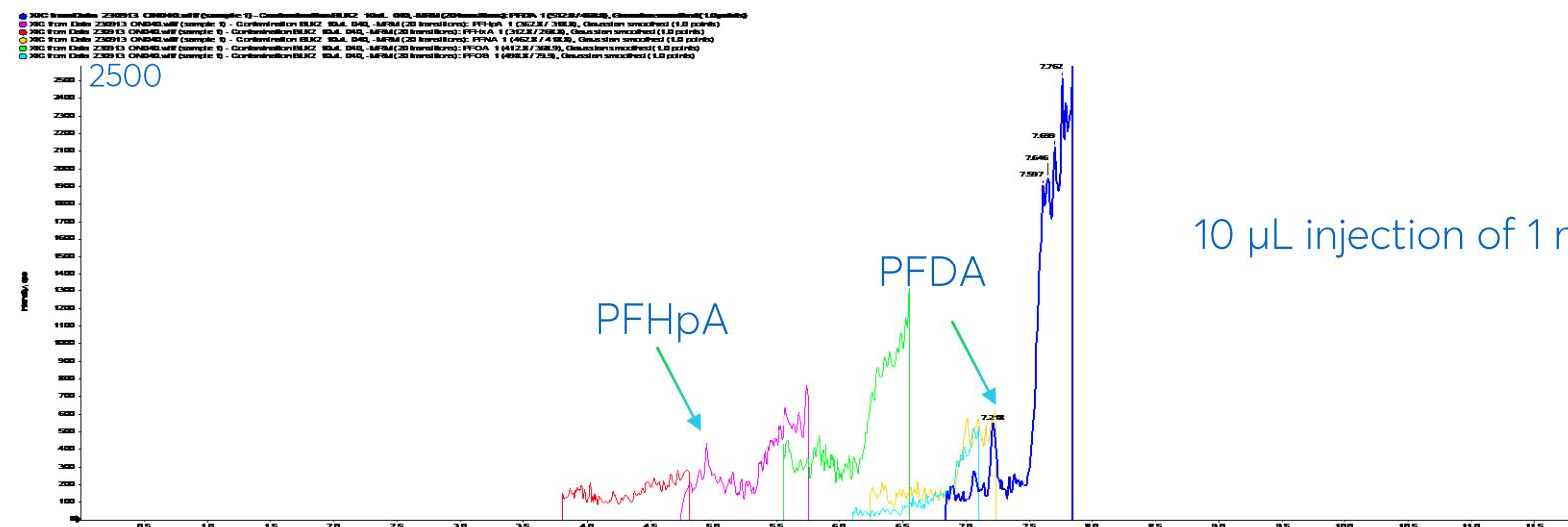


• XC from Data 230913\_CNO49.wif (sample 1) - Contaminations solvent line\_104\_049\_MRM(20 transitions); PFNA\_1(572.8/488), Gaussian smoothed (1.0 points)  
• XC from Data 230913\_CNO49.wif (sample 1) - Contaminations solvent line\_104\_049\_MRM(20 transitions); PFHA\_1(62.8/318.8), Gaussian smoothed (1.0 points)  
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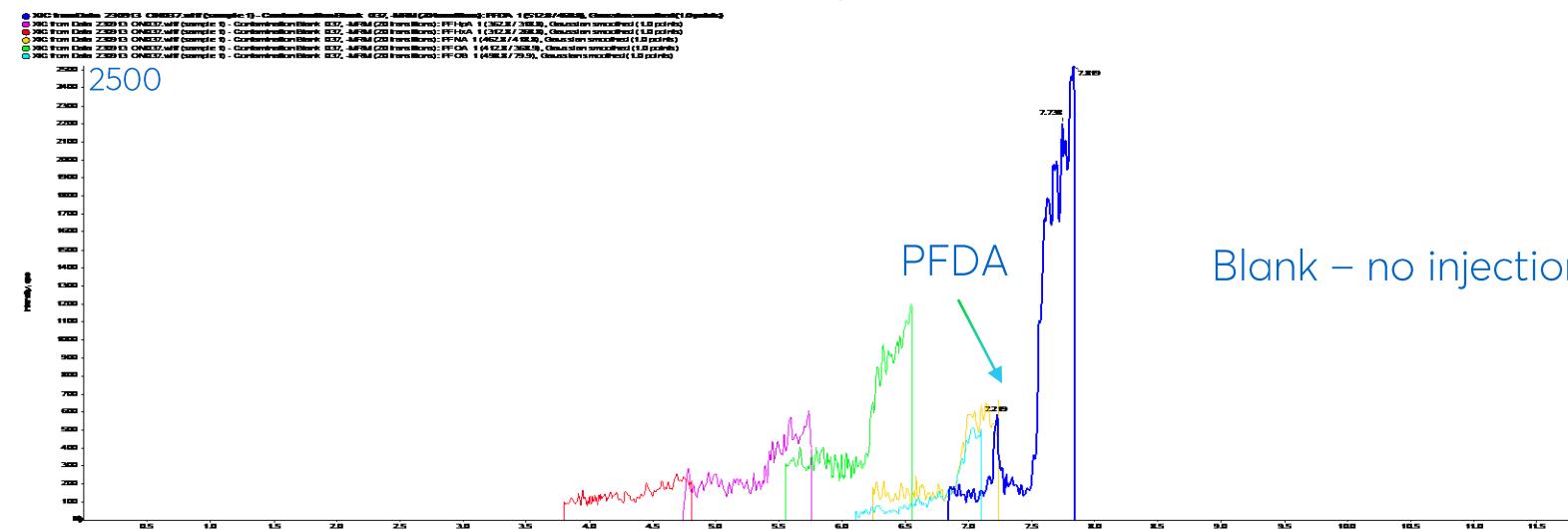


- Similar PFAS profile observed to that obtained when no delay column was used.
- Solvent tubing is a significant source of system related PFAS.
- Switch tubing to PEEK

# Tracking system contamination: Blanks



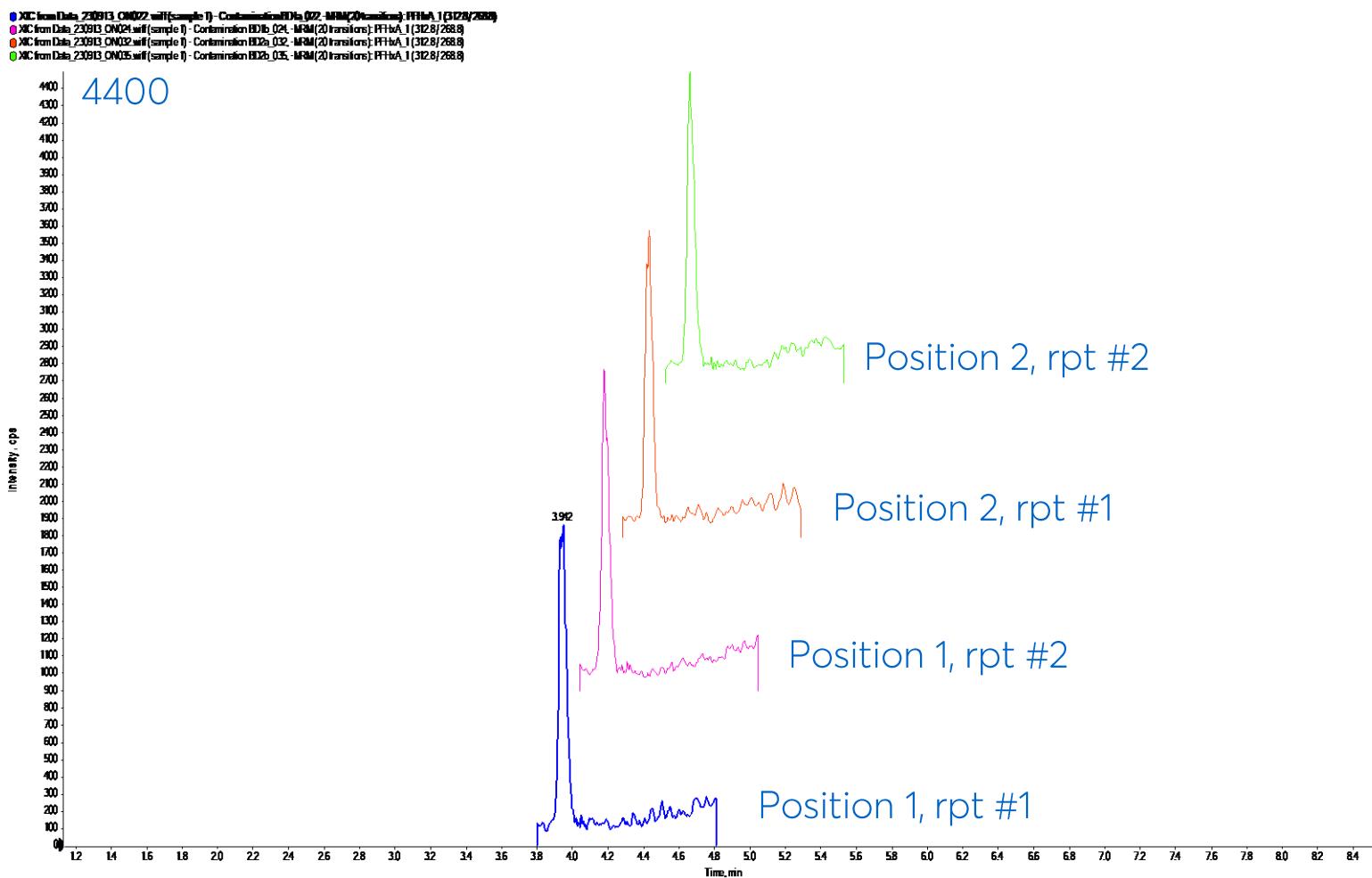
10  $\mu$ L injection of 1 mL MeOH in transfer tube



Blank – no injection

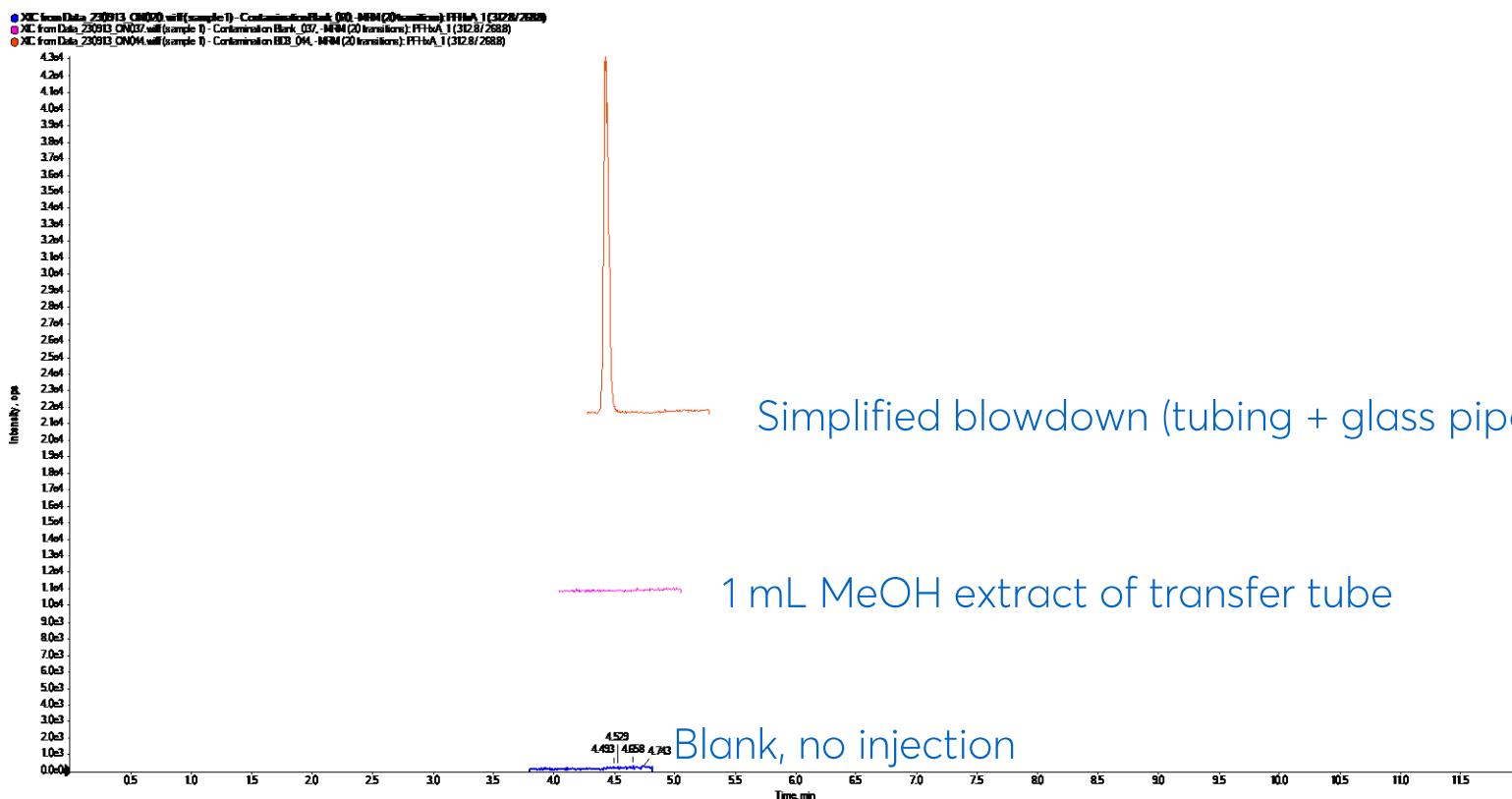
- Blanks are relatively clean.
- Conclusion – solvent tubing contributes significantly to system background PFAS levels

# Sample Prep: N<sub>2</sub> Blowdown



- 8 mL MeOH blown down to dryness in 10 mL polypropylene transfer tube.
- N<sub>2</sub>, 40L/min @ 60 °C
- Reconstituted in 1 mL MeOH
- All samples contaminate with PFHxA
- Level of contamination is consistent between positions
- Level of contamination consistent over time
- Originates from Blowdown rig or N<sub>2</sub> source?

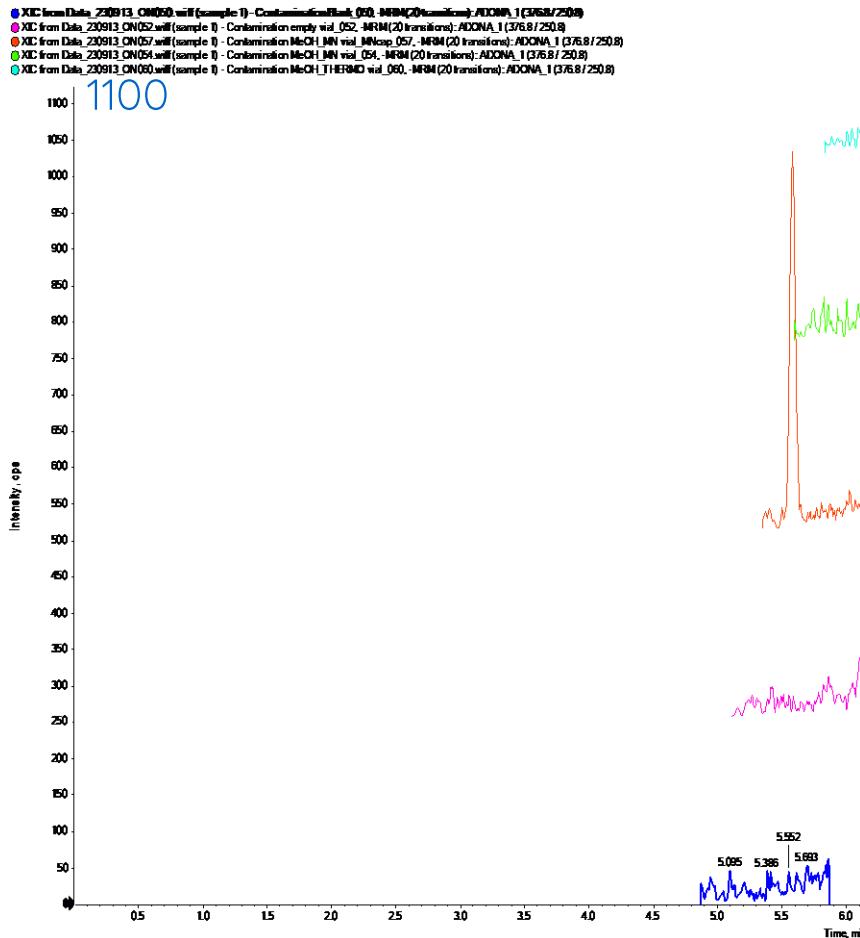
# Sample Prep: N<sub>2</sub> Blowdown



- Blowdown rig was removed.
- N<sub>2</sub> direct from N<sub>2</sub> generator via polypropylene tubing and glass pipette
- No heat, so longer required to blow down, therefore increased signal!
- N<sub>2</sub> source appears to be the culprit.
- N<sub>2</sub> generator contains PTFE filters – potentially the source?
- Use activated carbon inline filter?

# Sample Prep: Vials & caps matter!

- ADONA was observed in blank MeOH injections



1 mL MeOH in PP<sup>2</sup> vial  
& PP<sup>2</sup> cap

1 mL MeOH in PP<sup>1</sup> vial  
& PP<sup>2</sup> cap

1 mL MeOH in PP<sup>1</sup> vial & cap  
(polyimide, i.e. fluorine free,  
recommended for PFAS)

Injection from empty vial

Blank, no injection

Use PP vials & caps!

Polyimide  
cap is source

Cap or vial?

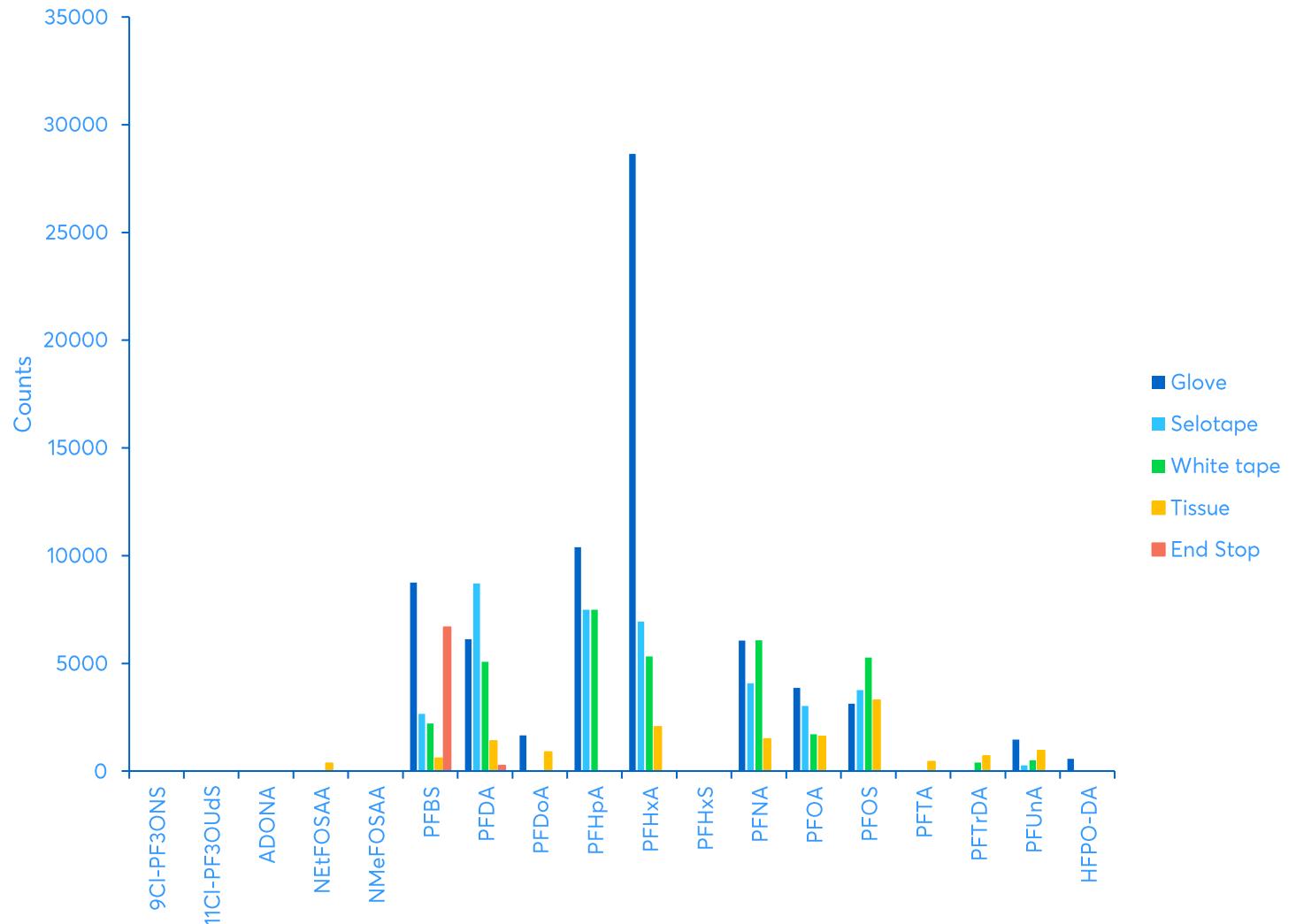
ALS OK

system OK



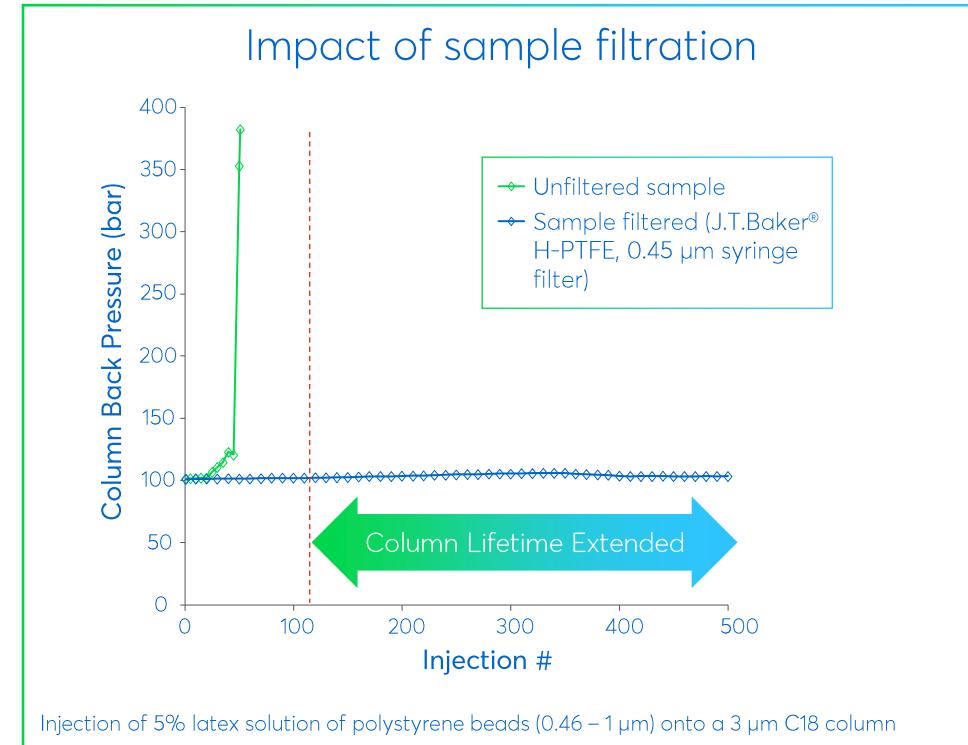
# Other sources of contamination

- Samples of common laboratory consumables were extracted in 1 mL MeOH and analysed



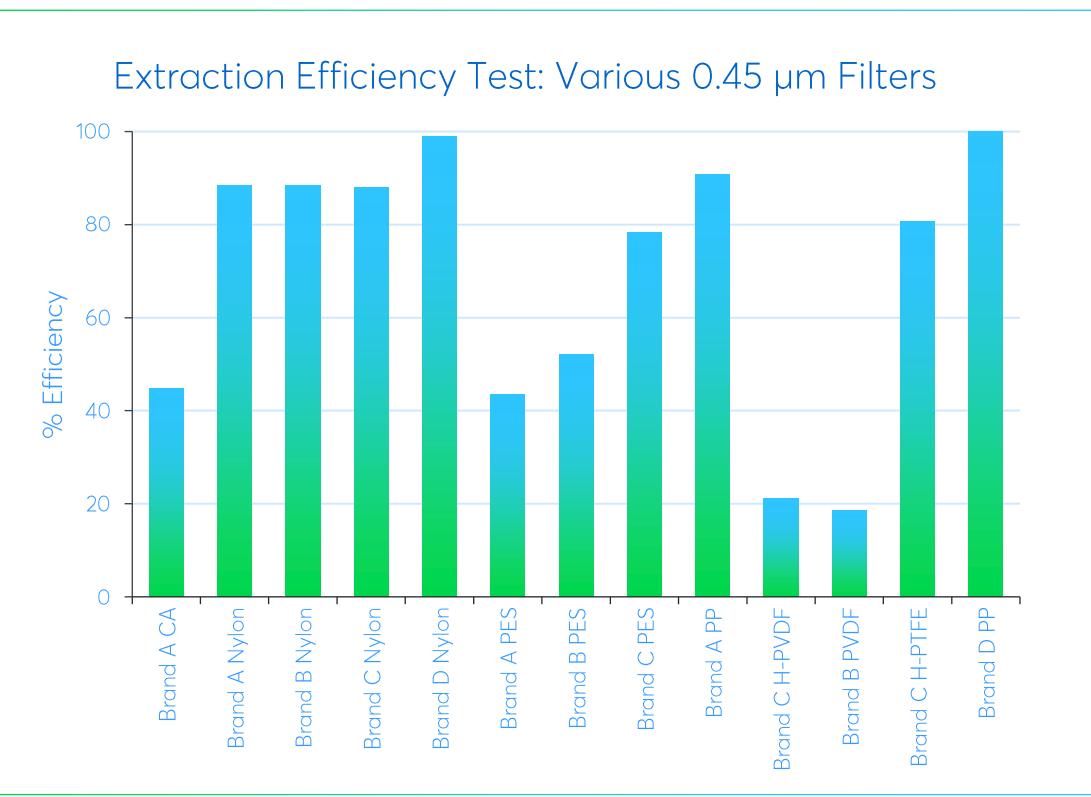
# Syringe Filters

- Many samples contain particulates
  - Sub-micron particles → → → → large particles/micro-organisms
- Can damage LC system components & analytical column
  - Blockages
  - Peak distortion
  - Increase in back pressure
  - Reduced column lifetime
- Syringe filters provide fast, cheap & convenient solution

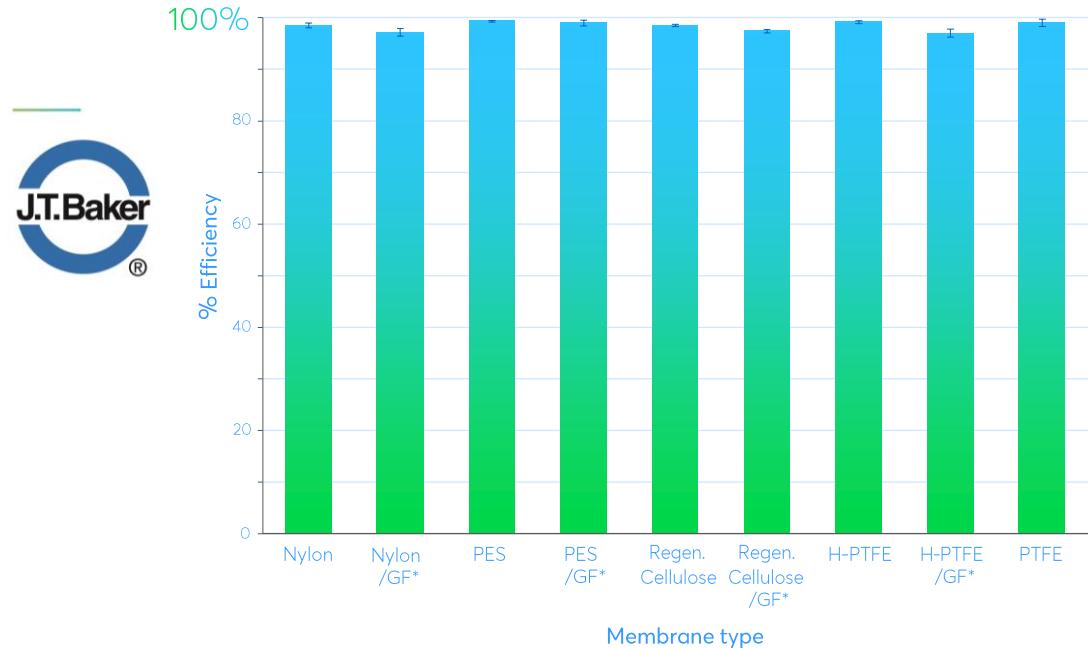


# Filter quality

- Not all syringe filters are created equal!
- Important to use filters with high extraction efficiency



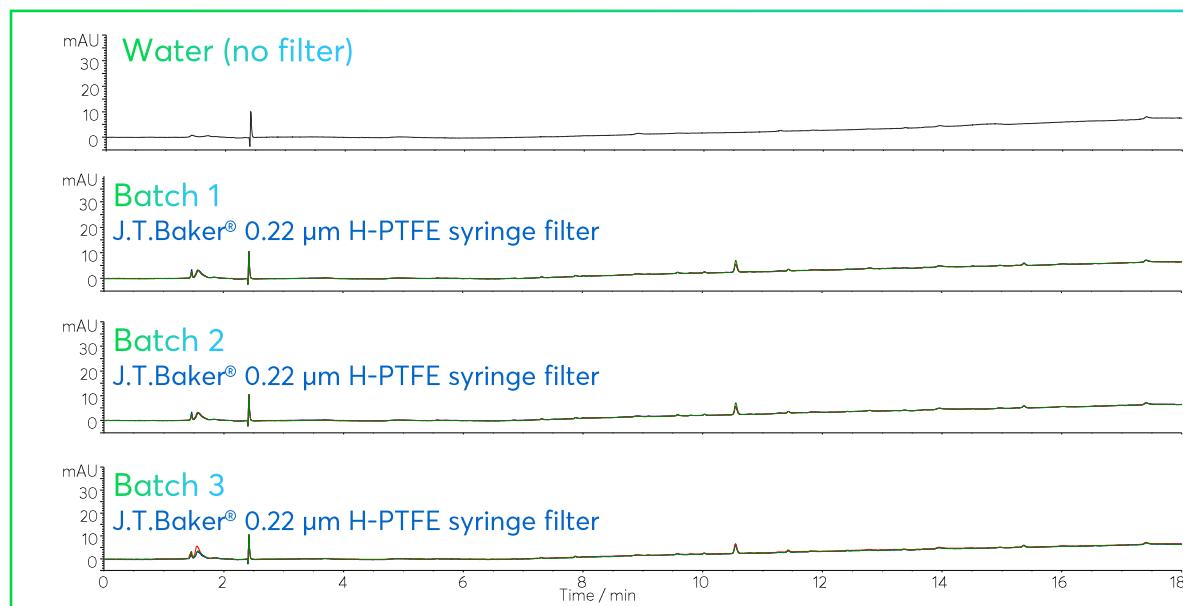
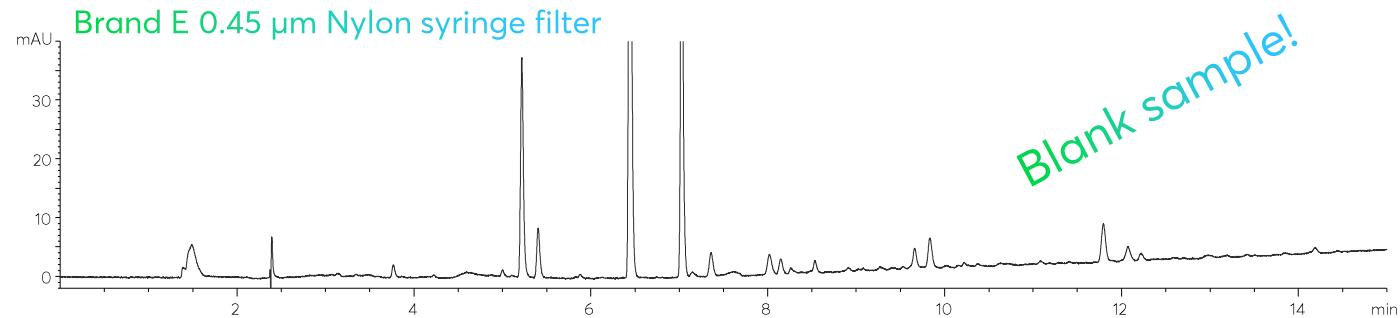
Extraction Efficiency Test: J.T.Baker 0.22 µm Filters



Extraction efficiencies determined by filtering a 0.01% latex solutions polystyrene beads through syringe filters by spectrophotometric analysis (UV, 272 nm). Triplicate analyses performed for multiple batches.

# Filter quality: Extractables

- Poor Quality filters can contaminate samples
  - Ghost peaks
  - Interfere with target analyte quantification
- Using high quality syringe filters protects sample integrity.
- Filters easily tested for extractables by LC-UV:



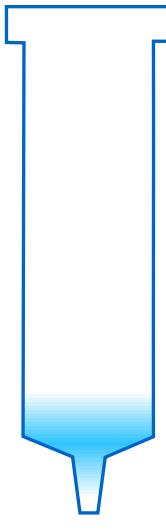
## Method:

1 mL of  $\text{H}_2\text{O}$  or MeOH passed through filter.  
Eluent analysed by HPLC

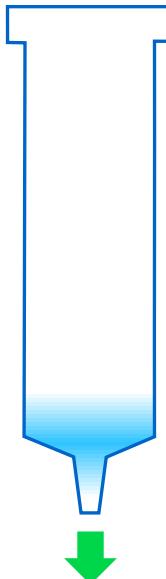
Column: Avantor® ACE® 3 C18, 150 x 4.6 mm  
Mobile phase A:  $\text{H}_2\text{O}$   
Mobile phase B: MeCN  
Gradient: 5 to 100% B in 15 mins.  
Flow rate: 1 mL/min  
Temperature: 30 °C  
Detection: UV, 214 nm  
Injection volume: 100  $\mu\text{L}$

# SPE - Visualising the process (schematically):

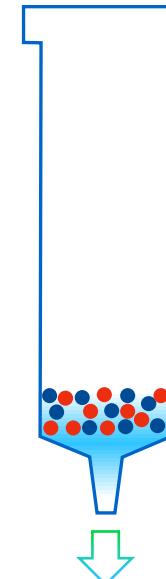
1. Condition



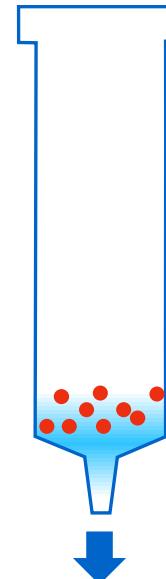
2. Equilibrate



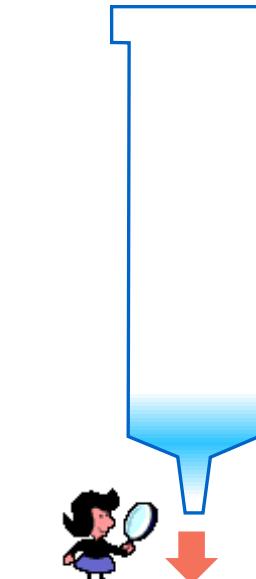
3. Load sample



4. Wash



5. Elute



# Solid Phase Extraction (SPE)

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- Method development required
  - Relatively easy to do
  - Many manual manipulation steps
- Sample preconcentration
  - Possible to preconcentrate >100 times
  - Method development requires some skill
  - Solvent usage less than liquid-liquid extraction
- Minimal issues with matrix as removes more of matrix than other techniques
- Applicable to a wide range of compounds with differing log D
- Excellent recoveries



# Selecting a sorbent

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Interaction Mode	Interaction Energy (kcal/mol)
Ionic Interactions	50 – 200
Polar Interactions	3 – 10
Non-polar Interactions	1 - 5

- Stronger retention offered by ion exchange
- Combination of interactions provides best for selectivity

# SPE – Considerations for the Five-Stage Process

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## 1. Condition

- Strongly eluting solvent
- Suitable volume

## 2. Equilibrate

- Weakly eluting solvent
- Suitable volume

## 3. Load

- Ionization state
- Concentration of analyte vs bed weight
- Cleanliness of matrix

## 4. Wash(es)

- Elutropic strength
- Suitable volume

## 5. Elute

- Elutropic strength
- Suitable volume

# Conclusion

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- Acknowledgements

# Acknowledgements

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- Avantor colleagues: Gemma Lo, Arianne Soliven, Gemma Howse and Amelia Knight

# Thank you

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